

**Benromach 10K (Forres) – 10th May 2008**

Position	Name	Category	Time
22	Harry Mulholland	M40	38:49
32	Suzanne Swan	FS	41:04

**Penicuik Harriers 10K – 10th May 2008**

Position	Name	Category	Time
19	Alan McIntosh	M40	40:24

**Ben Lomond U16 Girls – 10th May 2008**

Position	Name	Time
4	Lana Turnbull	29:36
5	Rachael McIlwraith	31:16

**Ben Lomond U19 Men – 10th May 2008**

Position	Name	Time
3	Robert Inglis	31:37
5	Alistair Robertson	35:42

**Heriot-Watt 'Round the Grounds' 5K Trail Race – 11th May 2008**

Position	Name	Category	Time
43	Lana Turnbull	FJ	20:21
46	David Mabon	MV50	20:35
58	Saran Jones	FV40	21:30
64	Jill Horsburgh	FV40	21:55
93	Carol Mabon	FV50	25:37
106	Michael Turnbull	MV50	32:20

**Dunfermline Half Marathon – 11th May 2008**

Position	Name	Category	Time
8	Ross Milne	MS	1:13:28
53 (1 <sup>st</sup> M60)	Scott Balfour	M60	1:26:12
436	Diana Holt	FS	1:52:33
546	Neal Drummond	M50	1:59:48

**Dunecht Dash 5K – 11<sup>th</sup> May 2008**

Position	Name	Category	Time
10 (1 <sup>st</sup> F)	Suzanne Swan	FS	19:22

**Scottish Orienteering League 2 (White Course), Touch Estate – 11th May 2008**

Position	Name	Category	Time
13	Eoin Richardson	4	21:28