

September 2011 Results

Short	Start Time	Finish Time	Result	Winner / Fastest Time
McCulloch, Amy	19:47:40	19:59:58	00:12:18	Fastest Time
Nelson, Bethany	19:47:40	20:00:01	00:12:21	
Cooper, Erin	19:47:40	20:00:50	00:13:10	
Cairns, Lily	19:47:40	20:00:54	00:13:14	
McCaffery, Cara	19:44:00	19:58:26	00:14:26	Winner
Hughes, Mairi	19:44:00	19:59:40	00:15:40	

Long	Start Time	Finish Time	Result	Winner / Fastest Time
Partridge, Colin	19:35:20	20:00:03	00:24:43	Fastest Time
Nelson, Scott	19:33:00	19:59:53	00:26:53	
Berrill, Dave	19:32:00	19:59:03	00:27:03	
West, Peter	19:30:00	19:58:00	00:28:00	Winner
Greig, Keri	19:29:40	19:58:24	00:28:44	
Turnbull, Lana	19:30:20	20:00:01	00:29:41	
Malcolm, Stephen	19:31:20	20:01:25	00:30:05	

Long Course

Name	Start	Enter Finish Time	Last	PB
Bruce, Susan	07:20:40		00:39:28	00:33:20
Turnbull, Mike	07:22:20		00:37:42	00:31:41
Finch, Simon	07:25:40		00:34:24	00:34:24
Hughes, Pauline	07:26:40		00:33:24	00:26:15
Toner, Julie	07:27:00		00:32:53	00:26:33
Kassyk, Mark	07:27:00		00:33:07	00:31:33
Cleary, Margaret	07:27:00		00:33:05	00:33:05
James, Chris	07:27:20		00:32:48	00:30:44
McGiffen, Lesley	07:27:20		00:32:40	00:32:40
Kerr, Hayley	07:27:40		00:32:25	00:32:25
Massie, Pamela	07:28:00			
Mabon, Carol	07:28:20		00:31:38	00:28:29
Turnbull, Margaret	07:29:00		00:31:01	00:25:19
Finch, Ted	07:29:40		00:30:20	00:24:30
Banham, Colin	07:30:00		00:30:00	00:28:06
Dickson, Paul	07:30:00		00:29:58	00:29:58
Robertson, Lesley	07:30:00		00:29:51	00:29:51
Hall, Ian	07:30:20		00:29:40	00:29:40
Sneddon, Kirsty	07:30:20		00:29:51	00:28:38
McDowall, Sue	07:30:40			
McMenemy, Teresa	07:30:40		00:29:35	00:29:35
Wardman, Dave	07:30:40		00:29:29	00:29:29
Finch, Ben	07:31:00			
Gillies, Maya	07:31:00			
Inglis, Mary	07:31:40		00:28:24	00:27:18
Moncrieff, Jane	07:31:40		00:28:20	00:25:40
Drummond, Neal	07:32:00		00:28:01	00:28:01
Guy, Alistair	07:32:00		00:28:06	00:28:06
Mabon, Andrew	07:32:20			
Godfrey, Kevin	07:32:20		00:27:42	00:26:18
Shanley, Claire	07:32:40		00:27:27	00:27:27
Leggett, Ian	07:32:40		00:27:20	00:24:40
Mearns, Kenny	07:33:00		00:27:06	00:26:25
Greig, Shona	07:33:00			
Bird, Stuart	07:33:00		00:26:53	00:26:53
Jones, Saran	07:33:20		00:26:39	00:23:10
Horsburgh, Jill	07:33:20		00:26:49	00:24:48
Salvage, Jim	07:34:00		00:26:10	00:25:22
Robertson, Alan	07:34:20		00:25:32	00:25:32
Alexander, Jim	07:34:40		00:25:28	00:22:55
Purves, Claire	07:34:40			
Reid, Mark	07:34:40		00:25:19	00:25:19
Martin, Greig	07:34:40			

Long Course

Name	Start	Enter Finish Time	Last	PB
Young, Paul	07:34:40		00:25:24	00:25:24
Hannah, Suzie	07:35:00		00:24:52	00:24:52
Ewing, Marsie	07:35:00		00:25:12	00:24:43
Mabon, Gordon	07:35:00		00:25:06	00:25:06
Milne, Christine	07:35:00		00:20:29	00:20:29
Agnew, Alex	07:35:00		00:25:05	00:21:37
Austin, Matt	07:35:20		00:24:37	00:23:55
Crilley, Yvonne	07:35:20		00:24:44	00:24:44
Seggie, Ian	07:35:40		00:24:24	00:23:48
McIlwraith, Rachael	07:35:40		00:24:15	00:24:15
Moir, Richard	07:35:40		00:24:33	00:24:33
Storrie, Marie	07:35:40		00:24:27	00:24:27
West, Peter	07:35:40		00:24:30	00:22:10
Crilley, Louise	07:36:00		00:23:57	00:23:57
Turnbull, Lana	07:36:00		00:23:58	00:23:19
Lachlan, Wallace	07:36:00		00:24:05	00:24:05
Campbell, Amanda	07:36:20			
Mabon, David	07:36:20		00:23:48	00:23:29
Northan, Chris	07:36:40		00:23:23	00:22:10
Moar, Jocelyn	07:37:00		00:22:53	00:22:53
Docherty, Richard	07:37:00		00:23:40	00:20:02
Shanley, Alan	07:37:00		00:19:42	00:19:42
Malcolm, John	07:37:00		00:23:02	00:21:55
Shaw, Donald	07:37:20		00:22:42	00:22:40
McIntosh, Alan	07:37:20		00:21:42	00:21:00
Cox, Chloe	07:37:20			
Mullholland, Harry	07:37:20		00:22:50	00:19:55
Berrill, Dave	07:37:40		00:22:16	00:22:16
Young, Tim	07:37:40		00:22:25	00:22:25
Inglis, Mhairi	07:38:00		00:23:10	00:21:44
Mooney, Edel	07:38:00		00:22:03	00:20:30
Rumbles, Christopher	07:38:20			
McMaster, Ross	07:38:20			
Nelson, Scott	07:38:20		00:21:39	00:20:54
Jones, Kenton	07:38:40		00:21:12	00:20:59
Laurie, Steve	07:38:40		00:21:16	00:19:35
Richardson, Matt	07:38:40			
Blair, Jamie	07:38:40		00:21:33	00:21:33
Robertson, Joe	07:39:00		00:20:54	00:20:54

Long Course

Name	Start	Enter Finish Time	Last	PB
McDowall, Craig	07:39:20		00:20:32	00:20:32
Miles, Paul	07:39:20		00:20:45	00:20:45
Broadman, Keith	07:39:40		00:20:17	00:20:16
Thomson, Darren	07:40:00		00:20:00	00:19:34
Inglis, Sarah	07:40:00		00:20:03	00:20:03
Partridge, Colin	07:40:00		00:20:05	00:19:53
Turner, Brian	07:40:00		00:20:15	00:18:09
Garrick, William	07:40:00			
Robertson, Alastair	07:40:20		00:19:46	00:19:46
McNeill, Max	07:40:20		00:19:35	00:19:35
Inglis, Robert	07:41:00		00:21:42	00:18:33
Donnan, Iain	07:42:20			

Short Course

Name	Start	Enter Finish Time	Last	Comments
Turnbull, Mike	07:42:20		00:17:35	
Hill, Barbara	07:43:00		00:17:10	
O'Neill, Caroline	07:45:00		00:14:52	
Steel, Rebecca	07:45:20		00:14:40	
Miles, Hannah	07:45:40		00:14:30	
Horsburgh, Alice	07:45:40		00:14:18	
McLaughlin, Marie	07:45:40		00:14:18	
Cleary, Margaret	07:46:00		00:14:00	
Balharrie, Megan	07:46:00		00:14:05	
MacAndrew, Linsey	07:46:00		00:13:29	
McCafferty, Cara	07:46:00		00:14:01	
Greig, Keri	07:46:00		00:14:11	
Bathgate, Dylan	07:46:20			
Turnbull, Hazel	07:46:20		00:15:20	
Banham, Colin	07:46:40			
Jones, Sam	07:46:40		00:13:23	
Kellock, Stephanie	07:47:00		00:13:01	
Drummond, Neal	07:47:00		00:13:09	
Lamb, Aiden	07:47:00			
Young, Stuart	07:47:00			
Maybury, Jack	07:47:00		00:11:24	
Nelson, Scott Jnr	07:47:20		00:12:48	
Banham, Keith	07:47:20			
Crawford, Nicole	07:47:20			
McDowall, Sue	07:47:20			
Greig, Shona	07:47:40		00:12:21	
Hargreaves, Josh	07:47:40			
Cunningham, Gordon	07:48:00		00:12:01	
Munro, Chloe	07:48:00			
Omoregie, Lucy	07:48:00			
Steel, Lara	07:48:00		00:12:02	
Hill, Nikita	07:48:20		00:11:48	
Dunne, Liam	07:48:20		00:11:33	
McDowall, Robyn	07:48:20			

Short Course

Name	Start	Enter Finish Time	Last	Comments
Nelson, Bethany	07:49:00		00:10:48	
Arbuckle, Lauren	07:49:00		00:11:09	
Duff, Neil	07:49:20			
Horsburgh, Iain	07:49:40		00:10:28	
Crilley, Louise	07:50:00			
Moar, Jocelyn	07:50:00			
Rumbles, Chris	07:50:20		00:09:46	
Turnbull, Lana	07:50:20		00:09:40	
McIlwraith, Rachael	07:50:40		00:10:23	
Mooney, Edel	07:50:40		00:09:25	
Crilley, Yvonne	07:51:00			
Inglis, Mhairi	07:51:00		00:10:00	
Robertson, Joe	07:51:00		00:08:59	
Inglis, Sarah	07:51:20		00:08:40	
McNeill, Max	07:51:40		00:08:32	
Robertson, Alastair	07:51:40		00:08:21	
Thomson, Darren	07:51:40		00:08:35	
Inglis, Robert	07:52:00		00:09:15	

New to the Long Winter Fiddlers Course?

Here's a guide to how long you could expect to take and a suggested start time. This is based on 5k and Fiddlers' times of some of the club's athletes.

This is only a guide so feel free to discuss with a coach beforehand to fine-tune to your ability 😊

5k Time	How long the Winter Fiddlers could take	Suggested Start Time
00:16:00	00:19:26	07:40:40
00:17:00	00:20:39	07:39:20
00:18:00	00:21:52	07:38:00
00:19:00	00:23:04	07:37:00
00:20:00	00:24:17	07:35:40
00:21:00	00:25:30	07:34:40
00:22:00	00:26:43	07:33:20
00:23:00	00:27:56	07:32:00
00:24:00	00:29:09	07:31:00
00:25:00	00:30:22	07:29:40
00:26:00	00:31:34	07:28:20
00:27:00	00:32:47	07:27:00
00:28:00	00:34:00	07:26:00
00:29:00	00:35:13	07:24:40
00:30:00	00:36:26	07:23:40
00:31:00	00:37:39	07:22:20
00:32:00	00:38:52	07:21:00
00:33:00	00:40:04	07:20:00
00:34:00	00:41:17	07:18:40
00:35:00	00:42:30	07:17:20
00:36:00	00:43:43	07:16:00
00:37:00	00:44:56	07:15:00
00:38:00	00:46:09	07:13:40
00:39:00	00:47:22	07:12:40
00:40:00	00:48:35	07:11:20