## Long Course - January "Results"

Weather for January's Fiddlers was pretty atrocious... strong winds and heavy rain.

No times were recorded but well done to those hardy souls who finished the Long Course in such tough conditions:

Peter West

**Fraser Welsh** 

Val Finch

And a few others... apologies if I've missed you out.

Handicaps for February are the same as January's handicaps.

## Long Course - 1

		Enter Finish		
Name	Start	Time	Last	PB
Finch, Val	07:20:00		00:39:47	00:39:47
Bruce, Susan	07:20:40		00:39:28	00:33:20
Turnbull, Mike	07:22:20		00:42:46	00:31:41
Lee, Jennie	07:24:00		00:36:04	00:36:04
West, Douglas	07:24:00		00:36:04	00:36:04
Finch, Simon	07:25:40		00:34:24	00:34:24
Hughes, Pauline	07:26:40		00:33:24	00:26:15
Toner, Julie	07:27:00		00:32:53	00:26:33
Kassyk, Mark	07:27:00		00:33:07	00:31:33
Cleary, Margaret	07:27:00		00:33:05	00:33:05
James, Chris	07:27:20		00:32:48	00:30:44
McGiffen, Lesley	07:27:20		00:32:40	00:32:40
Kerr, Hayley	07:27:40		00:32:25	00:32:25
Massie, Pamela	07:28:00			
Mabon, Carol	07:28:20		00:31:38	00:28:29
Steel, Lara	07:28:40		00:31:29	00:31:29
Greig, Keri	07:30:00		00:29:48	00:29:48
Turnbull, Margaret	07:30:00		00:29:48	00:25:19
Dickson, Paul	07:30:00		00:29:58	00:29:58
Robertson, Lesley	07:30:00		00:29:51	00:29:51
Greig, Shona	07:30:00		00:29:48	00:28:17
Hall, Ian	07:30:20		00:29:40	00:29:40
Sneddon, Kirsty	07:30:20		00:29:51	00:28:38
McDowall, Sue	07:30:40			
McMenemy, Teresa	07:30:40		00:29:35	00:29:35
Wardman, Dave	07:30:40		00:29:29	00:29:29
Finch, Ben	07:31:00			
Gillies, Maya	07:31:00			
Inglis, Mary	07:31:20		00:28:38	00:27:18
Moncrieff, Jane	07:31:40		00:28:20	00:25:40
Banham, Colin	07:32:00		00:28:06	00:28:06
Drummond, Neal	07:32:00		00:28:01	00:28:01
Guy, Alistair	07:32:00		00:28:06	00:28:06
Mabon, Andrew	07:32:20			
Godfrey, Kevin	07:32:20		00:27:41	00:26:18
Finch, Ted	07:32:40		00:27:23	00:24:30
Shanley, Claire	07:32:40		00:27:27	00:27:27
Young, Shona	07:32:40		00:27:11	00:27:11
Leggett, lan	07:33:00		00:26:47	00:24:40
Bird, Stuart	07:33:00		00:26:53	00:26:53
Horsburgh, Jill	07:33:20		00:26:48	00:24:48
Greig, Martin	07:33:40		00:26:25	00:26:25

Long Cours	e - 2			
Name	Start	Enter Finish Time	Last	PB
Mearns, Kenny	07:34:00		00:25:58	00:25:58
Salvage, Jim	07:34:00		00:26:10	00:25:22
Robertson, Alan	07:34:20		00:25:32	00:25:32
Alexander, Jim	07:34:40		00:25:28	00:22:55
Purves, Claire	07:34:40			
Reid, Mark	07:34:40		00:25:19	00:25:38
Young, Paul	07:34:40		00:25:24	00:25:24
Hannah, Suzie	07:35:00		00:24:52	00:26:18
Ewing, Marsie	07:35:00		00:25:12	00:24:43
Mabon, Gordon	07:35:00		00:25:06	00:25:06
Milne, Christine	07:35:00		00:20:29	00:20:29
Agnew, Alex	07:35:00		00:25:05	00:21:37
Jones, Saran	07:35:20		00:24:34	00:23:10
Austin, Matt	07:35:20		00:24:37	00:23:55
Crilley, Yvonne	07:35:20		00:24:44	00:24:44
Seggie, lan	07:35:40		00:24:24	00:23:48
Mcllwraith, Rachael	07:35:40		00:24:15	00:27:15
Moir, Richard	07:35:40		00:24:33	00:24:33
Storrie, Marie	07:35:40		00:24:27	00:24:27
Crilley, Louise	07:36:00		00:23:57	00:23:57
Turnbull, Lana	07:36:00		00:23:58	00:23:19
Lachlan, Wallace	07:36:00		00:24:05	00:24:05
Campbell, Amanda	07:36:20			
Mabon, David	07:36:20		00:23:48	00:23:29
Nelson, Scott	07:36:20		00:25:20	00:20:54
McCafferty, Gerry	07:36:40		00:23:10	00:23:10
Northan, Chris	07:36:40		00:23:23	00:22:10
Malcolm, Stephen	07:36:40		00:23:28	00:23:28
West, Peter	07:37:00		00:23:05	00:22:10
Moar, Jocelyn	07:37:00		00:22:53	00:22:53
Docherty, Richard	07:37:00		00:23:40	00:20:02
Shanley, Alan	07:37:00		00:19:42	00:19:42
Shaw, Donald	07:37:20		00:22:42	00:22:40
McIntosh, Alan	07:37:20		00:21:42	00:21:00
Cox, Chloe	07:37:20			

Name	Se - 3 Start	Enter Finish Time	Last	PB
Mullholland, Harry	07:37:20		00:22:50	00:19:55
Young, Tim	07:37:40		00:22:25	00:22:25
Lind, Kenny	07:37:40		00:22:16	00:22:16
Malcolm, John	07:38:00		00:22:03	00:21:55
Inglis, Mhairi	07:38:00		00:23:10	00:21:44
Mooney, Edel	07:38:00		00:22:03	00:20:30
Berrill, David	07:38:00		00:21:50	00:21:33
Jones, Kenton	07:38:20		00:21:32	00:20:59
Rumbles, Christopher	07:38:20			
McMaster, Ross	07:38:20			
Gilhooley, George	07:38:20		00:21:46	00:21:45
Laurie, Steve	07:38:40		00:21:16	00:19:35
Richardson, Matt	07:38:40			
Blair, Jamie	07:38:40		00:21:33	00:21:33
Robertson, Joe	07:39:00		00:20:54	00:20:54
McDowall, Craig	07:39:20		00:20:32	00:20:32
Miles, Paul	07:39:20		00:20:45	00:20:45
Broadman, Keith	07:39:20		00:20:38	00:20:16
Partridge, Colin	07:39:20		00:20:40	00:19:33
Thomson, Darren	07:40:00		00:20:00	00:19:34
Inglis, Sarah	07:40:00		00:21:17	00:20:03
Turner, Brian	07:40:00		00:20:15	00:18:09
Garrick, William	07:40:00			
Robertson, Alastair	07:40:00		00:20:00	00:20:22
Meek, Colin	07:40:00		00:19:56	00:19:56
McNeill, Max	07:40:20		00:19:35	00:19:35
Inglis, Robert	07:41:00		00:21:42	00:18:33
Donnan, lain	07:42:20			

## Long Course First Timers

Name	Start	<b>Enter Finish Time</b>	Comments	

## New to the Winter Fiddlers?

The table below provides a suggested start time based on your 5k time estimate. Feel free to discuss / negotiate your start time with a coach prior to the start

5k Time	How long the Winter Fiddlers could take	Suggested Start Time
00:15:00	00:17:40	07:42:20
00:16:00	00:18:40	07:41:20
00:17:00	00:20:00	07:40:00
00:18:00	00:21:00	07:39:00
00:19:00	00:22:20	07:37:40
00:20:00	00:23:20	07:36:40
00:21:00	00:24:40	07:35:20
00:22:00	00:25:40	07:34:20
00:23:00	00:27:00	07:33:00
00:24:00	00:28:00	07:32:00
00:25:00	00:29:20	07:30:40
00:26:00	00:30:20	07:29:40
00:27:00	00:31:40	07:28:20
00:28:00	00:32:40	07:27:20
00:29:00	00:34:00	07:26:00
00:30:00	00:35:00	07:25:00
00:31:00	00:36:20	07:23:40
00:32:00	00:37:20	07:22:40
00:33:00	00:38:40	07:21:20
00:34:00	00:39:40	07:20:20
00:35:00	00:41:00	07:19:00
00:36:00	00:42:00	07:18:00
00:37:00	00:43:20	07:16:40
00:38:00	00:44:20	07:15:40
00:39:00	00:45:40	07:14:20
00:40:00	00:46:40	07:13:20