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AGM MINUTES 14TH NOVEMBER 2018 CRAIGSWOOD, LIVINGSTON

- 1) Apologies for Absence
- 2) Secretary's Report
- 3) Treasurer's Report
- 4) Fees for 2019 – Proposals for change Alan Cunningham/Stephen Malcolm
- 5) Election of Committee for 2019
- 6) Change to club logo/kit & fees for coaches – Owen Williams
- 7) Junior parkrun – Kirsty Gray
- 8) AOCB

1 PRESENT/APOLOGIES

PRESENT: Stephen Malcolm, Kirsty Gray, Owen Williams, Colin Partridge, Julie Steel, Ian Steel, Josh Dack, Saran Jones, Kenton Jones, Euan McInnes, Ted Finch, Alan Knowles, Phil Evans, Bethany Nelson, Ryan Kirkland, Andrew Corrigan, Yvonne Crilly, Malcolm Lang, David Meek, Omar Patel, Mark Collings, Al Aitken, Andrew McKenna, Gerald McCafferty, Alan Moffat, Diane Kellock, Kenny Mearns, Danny Kirlland, Alan Cunningham, Ian Leggett, Clifford Dicker, Peter West

APOLOGIES: Phillip Jurczyk, Val Finch

2 SECRETARY'S REPORT

Thanks to all members that have contributed to the success of the club in 2018.

The Club has promoted two Trail Events this year the Festive Handicap and Dechmont Trail Race. Both were well attended and resulted in balanced budgets.

Martin Hyman's junior events such as the Tinto TipToe and Cockleroy Chasers continue to be well supported and enjoyed by juniors of all ages.

We have Nicola & Robbie going through their Level 1 coaching qualifications.

The Livingston parkrun is still well supported by the club with volunteers and participants. The 150th run is this weekend and we are providing pacers again at this event.

Parkrun tourism kicked off on 3rd November with a trip to Falkirk Parkrun. More tourism will continue in 2019, this will be communicated on facebook and the newsletter. Thanks to Bill Moffat for organizing.

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We now have Danny Kirkland as chief newsletter writer, who will be pulling all the important information together and emailing out to our members. So if you have a funny story, race report or running route you wish to share please get in touch so this can be included.

2018 has been a great year with lots of success across a number of races, here's a snapshot of some of the clubs achievements:

We are very lucky to have Shane Fenton providing this service for us as he manages to trace LRC runners from around the world in any event we are running in. Big thanks Shane!

New Year Day Celebrations – Hannah Steele, 3rd place @ New Year Sprint Athletics Gala, Jo 1st female at Portobello Prom NYD race

Silver medal for Malcolm in the over 40's 3000 meters champs at the Emirates Stadium

Jo helping the Scotland East team to gold medals in the SA Inter District XC team. Then a few weeks later winning the senior woman's race in the East District XC at Broxburn

Awesome run by over 70's Scott Balfour completing the Great Winter Run in 23mins 03 secs

BIG PB for Robbie at the SA Indoor Open Meeting at the Emirates

Josh leading home the senior mixed race at the East Lothian Open Cross Country

February brought us the inaugural Run Livingston 10k & half marathon. Despite the icy conditions Alan Knowles won the 10k race

The Eades family represented the club at the Borders XC Series with Mairi finishing first female junior and both David & Lorna finishing 4th in their categories.

Jo continues to be included in the top 10 female finishers of parkrun each week.

Sarah Inglis was 1st lady at the Tom Scott 10 Mile Road race, setting a new PB and also a course record.

Mel & Lana were in the top 10 finishers at Dunbar 10k

Max finished in 2nd place with a huge PB over 10000 meters at the Kansas Relays

Yvonne was part of the British V50 Relay record breakers

Shona Young & Stewart Laing have now completed all six Marathon Majors with Shona completing Berlin this year and Stewart Chicago

Jo & Yvonne brought home medals from the Scottish 5k Road Race

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Ian Leggett was 2nd GB at the European Masters in Alicante and won his category at Jedburgh 10k

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Malcolm & Jo were 1st & 2nd at the West Lothian 5k

Hannah's success at the Highland Games & wins Youth Female Athlete of the Year at the Annual Awards Dinner for the 2nd year running.

Scott Nelson finished 2nd MV50 at Musselburgh 10k

PB's for the juniors, Ryan, Robyn & Sorley at Livi Open meet

Christine MacVarish finished 2nd in the Nairn Highland games half

John, Christine & Tosh completed the Ben Nevis Hill Race – this was the 23rd time Tosh has done this event!

Yvonne brought home a silver medal from Malaga

Marathon PB for Owen at Frankfurt Marathon

There have been many more great runs & PB's which we want to celebrate too. If you have achieved something great, let us know and we can include it in our newsletter.

Courtesy of our Results Coordinator – Shane Fenton
Kirsty Gray, Secretary, Lothian Running Club, 14th November 2018

3 TREASURERS REPORT

Stephen gave an overview of the report.

Cutting the track sessions from 2 days to 1 has resulted in a surplus

Memberships are up.

We received a large grant last year from WLC which is still available to spend.

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Income/Expenditure Statement for year ending 30 September 2018

	2016/17		2017/18	Change
	5,838.83	Opening Balance	5,635.54	
Income				
	2,056.00	Membership subscriptions	2,295.00	239.00
	2,469.40	Training fees	3,299.75	830.35
	1,264.00	Sale of Club Clothing	705.50	-558.50
	1,950.00	WL Grants	-	-1,950.00
	534.00	Match Fees	708.50	174.50
	-	Sundry Income	51.66	51.66
	300.00	Trail race - grants, sponsorship	-	-300.00
	1,305.00	Trail race - entries	1,375.50	70.50
	400.00	Income from hosting events	600.00	200.00
	40.00	Previous years membership	-	-40.00
	10,318.40	Total Income	9,035.91	-1,282.49
Expenditure				
	193.00	Coaching courses	390.00	197.00
	2,091.93	Purchase of Club Clothing	203.73	-1,888.20
	99.11	Equipment costs	135.93	36.82
	645.40	Prizes /Trophies	440.00	-205.40
	644.00	Race entry fees	856.00	212.00
	3,759.50	Training facilities hire	2,744.00	-1,015.50
	46.77	Stationery and admin expenses	-	-46.77
	142.00	East of Scotland XC League fee	115.00	-27.00
	830.00	Scottish Athletics Annual Affiliation fees	1,007.00	177.00
	1,076.28	Trail race expenses	861.66	-214.62
	329.00	Youth Development League	-	-329.00
	284.70	Coach and officials insurance	293.22	8.52
	220.00	Forth Valley League	220.00	0.00
	10.00	Website Hosting	6.76	-3.24
	150.00	Scottish Athletic Indoor League	-	-150.00
	10,521.69	Total Expenditure	7,273.30	-3,248.39
	5,635.54	Cash in hand at 30 September	7,398.15	

Prepared by

Stephen Malcolm
Treasurer Lothian Running Club

Checked By

Colin Gray

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FEES FOR 2019

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The following proposals were made to be included with annual membership:

1. Proposal East District League XC – free entry – **MAJORITY VOTE**
2. Proposal National Relay Teams – free entry – **MAJORITY VOTE**
3. Proposal National XC Championships – free entry (no show – pay full entry fee) **VOTE AGAINST**
4. Proposal Local Annual Race (TBD) – Free entry (no show – pay full fee) **C/F TO NEXT COMMITTEE MEETING**
5. Discuss/confirm mid-year membership – **New Members only if they sign up to become a new member after October ie Oct 18 they will receive the remaining months of this year free as well as 2019. Existing members are renewing their membership so this doesn't apply.**

This is our fees:

Membership Fees:-

Senior Individual**	£20*
Junior Individual (U21) / FT student	£10*
Family i.e. Parent(s) and Children (U21) normally living at the same address	£40*
Non Competing Member e.g. Adult Helper, Second Claim members***	£5

(*No change proposed.)

(**Note 1 the Club pays £7 to Scottish Athletics for each registered competing member.

This is in addition to any individual Scottish Athletics membership fees.)

(***Note 2 Second Claim members cannot compete for LRC in SAL Championship events.)

Fees for scheduled Training sessions:-

Tuesday:	Meadows, Edinburgh - no charge.
Tuesday:	Civic centre area, Livingston – no charge
Fiddlers:	(1 st Tuesday of every month) - £1 – Family maximum £3
Thursday:	Craigswood - £2 or £5 per family.
Sunday:	Dechmont - no charge.

Competition Fees and Event Subsidies. (Senior/Junior)

(No show entrant where club has paid in advance are expected to pay the full fee.)

Individual and Club contributions to other Events by agreement between Committee and Team Manager(s).

Club membership can be paid using cash, cheque or on line at:

<https://www.q-buster.co.uk/lrc-membership>

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5 Committee Positions and Ordinary members 2018/2019.

COMMITTEE POSITION	NOMINEES	PROPOSER/SECONDER
Chairman	Owen Williams	Kenton Jones/Alan Cunningham/
Vice Chairman	Alan Cunningham	Owen Williams/Malcolm Lang
Treasurer	Stephen Malcolm	
Secretary	Kirsty Gray	
Coaching Co-ordinator	Owen Williams	
Ordinary Member	Colin Partridge	
Ordinary Member	Iain Leggat	
Ordinary Member	Christine MacVarish	
Ordinary Member	Ted Finch	

CLUB POSITION	NOMINEES	PROPOSER/SECONDER
Women's' Captain	Jo Williams	
Men's' Captain	Malcolm Lang	

IMPORTANT ROLES UNDERTAKEN BY MEMBERS

Membership Secretary	Colin Partridge
Welfare Officer	Neal Drummond Julie Steel
Results Co-ordinator	Shane Fenton
Club Cross Country Championships	Calvin Crane
Club Championship	Stephen Malcolm
Club Kit	Alan Cunningham
Fiddlers' Handicap: Coordinator	Colin Partridge
Fiddlers' Handicap: Master Fiddler	Colin Partridge
Trail Race Organiser	ALL
Festive Handicap Organiser	Peter West
Junior Women's Captain	Hannah Steel
Men's Junior Captain	Ryan Kirkland
Administration help at Training	
Website Co-ordinators	Ted Finch

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	Colin Partridge
Facebook Pages Co-ordinators	John Malcolm / Kenny Mearns / Colin Partridge

Changes to the 2019 are as follows:

Newly elected Chairman Owen Williams & Vice Chairman Alan Cunningham

New woman's captain Jo Williams

****We would also like to appeal for help at the Thursday night track session to collect & count to money after the session starts. Please let us know if you can help.****

6 CLUB LOGO/ KIT & FEES FOR COACHES

Owen proposed to change the club logo going forward on kit – excluding club vests – majority vote happy to change. Peter commented that no one owns the existing logo so ok to change. Kenton, Gerry & Owen will look at potential options and post on facebook for feedback. There is a hope to get an agreement for this logo asap so we can go ahead with the new kit ordering from Joma. Once this is up and running new kit will be available to purchase on line.

Owen proposed the idea of the club funding club jackets for lead coaches (L2+ at Tuesday, Thursday and Sunday sessions). The committee voted in favour of this and will arrange once the kit & ordering system has been agreed.

Proposal to offer free club t-shirt to L1 assistants/regular helpers/volunteers by Owen – again another vote in favour of this, once the new kit is available.

Proposal by Owen for the club to pay the membership fees for coaches from L1+ dependent on regular commitment to coaching again agreement from the committee on this point.

7 JUNIOR PARKRUN

As you may know local volunteers are developing a new junior parkrun . The junior parkrun will offer a free 2k timed run for 4-14 year old each Sunday at 9.30. The route comprises of the athletic track and playing fields at Xcite Craigswood. The proposed route & venue are supported by Xcite and parkrun uk. The organisers need to raise an amount of £3000 to support this new event. This figure is match funded by parkrun uk.

There was a majority vote to make a modest contribution of £250 to the fund raising.

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Festive Handicap – 26/12/18 - Entries are open, 80 sign ups so far and also volunteers sought – please contact Peter West. Cockleroy Chaser – entry on the day.

Trail Race – committee will fix date with SA for next year's race.

Awards for 2018 – We are planning to hold an awards celebration at the start of next year. This will be for both juniors & seniors. Date & venue to be announced soon.

Fun events for the 2019, Andrew Corrigan came up with lots of fun ideas for runs/get togethers for next year so watch this space 😊

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