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## AGM MINUTES 4TH DECEMBER 2019 CRAIGSWOOD, LIVINGSTON

- 1) Apologies for Absence
- 2) Chairman's Report
- 3) Treasurer's Report
- 4) Vacancies for committee/Election for committee 2020
- 5) Junior specific track session - OW
- 6) Use of team app for sharing club information – OW
- 7) Volunteers to form Core Team for the Trail Race - CP
- 8) AOCB

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### 1 PRESENT/APOLOGIES

PRESENT: Stephen Malcolm, Kirsty Gray, Owen Williams, Colin Partridge, Julie Steel, Josh Dack, Saran Jones, Euan McInnes, Ted Finch, Ryan Kirkland, Danny Kirkland, Andrew McKenna, Ian Leggett, Clifford Dicker, Peter West, Michelle Kirkbright, Alan Weir, John Robertson, Andrea Cameron

APOLOGIES: David Findlay, Mike Lieberiman, Fiona MacFarlane, Val Finch

### 2 CHAIRMAN'S REPORT

I'd like to start by saying a big thank you to all the committee members, coaches and club members who have helped make 2019 a great year for the club.

After several years of support as coaches Alan Moffat and Saran Jones have stepped down from coaching duties, they have been a huge part in helping drive forward the Thursday night sessions and have made a huge contribution to the club and I am extremely grateful to them for all their hard work.

Stephen Malcolm is bringing to an end his time as treasurer, his continued efforts in this role have been vital for the club and we continue to remain a financially stable club.

Additionally Robbie Kennedy, Nicola Kellock have qualified as Level 2 coaches and Martin Leadbetter is currently undertaking this award, congratulations to these coaches for the progress they have made with these awards and thank you for the contribution to the club.

We have seen a continued rise in members with large numbers attending training and lots of members representing the club. This is great to see and hopefully this theme will continue and those who have competed for the first time can hopefully encourage more to follow.

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The trail race was a huge success with numerous helpers but large contributions from Colin Partridge and Ted Finch ensure the race goes off hassle free. We are on the lookout for members interested in helping with event management in the future.

There have been a number of brilliant running achievements across the year, too many to mention them all, but I'd like to say a big well done to everyone who has pulled on the blue vest to represent the club in the last year.

Some performances do deserve special mention.

Sarah Inglis representing Great Britain on the track

Jo Williams representing Scotland at cross country

Hannah steel representing east of Scotland at cross country.

The new line of club kit has been a huge success, thanks to Alan Cunningham for his hard work developing this and Kenton Jones for his design skills. It's been great seeing everyone at training, racing and turning up at parkrun in the kit.

Will Moffat has done great work encouraging everyone to come out and get running in a few different places and encouraging a bit of a more social element to some weekend runs, this has been great to see and I'm sure he is open to suggestions for where else to visit.

A change to the fiddlers from a Wednesday to Tuesday has seen a continued increase in participation; one big change was the suggestion from Alan Knowles to collect a food bank donation as the race fee. Over the year this has provided valuable donations to an important community resource and great to see the club supporting the local community.

Thank you to everyone for your contributions across the year and hopefully an even more successful 2020.

Owen Williams

### 3 TREASURERS REPORT

The bank balance is looking healthy, so we are looking at ways to spend the funds available. One suggestion is a First Aid Box for the XC tent which will be arranged. Coaches are welcome to request funds at any time to help support their sessions.

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# Lothian Running Club

## Income/Expenditure Statement for year ending 30 September 2019

|             | 2017/18  |  | 2018/19   | Change   |
|-------------|----------|--|-----------|----------|
|             | 5,635.54 | Opening Balance                            | 7,398.15  |          |
| Income      |          |  |           |          |
|             | 2,295.00 | Membership subscriptions                   | 2,885.00  | 590.00   |
|             | 3,299.75 | Training fees                              | 4,851.35  | 1,551.60 |
|             | 705.50   | Sale of Club Clothing                      | 531.50    | - 174.00 |
|             | 708.50   | Match fees                                 | 406.00    | - 302.50 |
|             | 51.66    | Sundry income                              | 30.00     | - 21.66  |
|             | 1,375.50 | Trail race - entries                       | 922.00    | - 453.50 |
|             | -        | Easyfunding                                | 35.74     | 35.74    |
|             | -        | Parkrun income                             | 2,450.00  | 2,450.00 |
|             | 600.00   | Income from hosting events                 | 572.90    | - 27.10  |
|             | 9,035.91 | Total Income                               | 12,684.49 | 3,648.58 |
| Expenditure |          |  |           |          |
|             | 390.00   | Coaching courses                           | 365.00    | - 25.00  |
|             | 203.73   | Purchase of club clothing                  | 1,294.28  | 1,090.55 |
|             | 135.93   | Equipment costs                            | 122.90    | - 13.03  |
|             | 440.00   | Prizes /Trophies                           | -         | - 440.00 |
|             | 856.00   | Race entry fees                            | 869.50    | 13.50    |
|             | -        | Transport costs                            | 212.56    | 212.56   |
|             | 2,744.00 | Training facilities hire                   | 2,795.00  | 51.00    |
|             | -        | Stationery and admin expenses              | 43.52     | 43.52    |
|             | 115.00   | East of Scotland XC League fee             | 134.20    | 19.20    |
|             | 1,007.00 | Scottish Athletics Annual Affiliation fees | 1,435.00  | 428.00   |
|             | 861.66   | Trail race expenses                        | 1,032.88  | 171.22   |
|             | -        | Youth Development League                   | -         | -        |
|             | 293.22   | Coach and officials insurance              | 629.46    | 336.24   |
|             | 220.00   | Forth Valley League                        | 220.00    | -        |
|             | 6.76     | Website hosting                            | 54.75     | 47.99    |
|             | -        | parkrun spend                              | 2,157.00  | 2,157.00 |
|             | -        | Sundry spend                               | 20.00     | 20.00    |
|             | -        | Scottish Athletic Indoor League            | 360.00    | 360.00   |
|             | 7,273.30 | Total expenditure                          | 11,746.05 | 4,472.75 |
|             | 7,398.15 | Cash in hand at 30 September               | 8,336.59  |          |

Prepared by

*Stephen Malcolm*

Stephen Malcolm  
Lothian Running Club

Checked By

*Colin Gray*

Colin Gray

### Notes

1. Holding a surplus of £293 parkrun funds
2. Two years club insurance included

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## FEES FOR 2019

This is our current membership fees, money we pay to SAL per member each year and what we currently subsidise for XC/road relays.

### Membership Fees:-

Senior Individual\*\* £20\*

Junior Individual (U21) / FT student £10\*

Family i.e. Parent(s) and Children (U21) normally living at the same address £40\*

Non Competing Member e.g. Adult Helper, Second Claim members\*\*\* £5

(\*\*Note 1 the Club pays £7 to Scottish Athletics for each registered competing member.

This is in addition to any individual Scottish Athletics membership fees.)

(\*\*\*Note 2 Second Claim members cannot compete for LRC in SAL Championship events.)

### Fees for scheduled Training sessions:-

Tuesday: Meadows, Edinburgh - no charge.

Tuesday: Civic centre session – no charge

Fiddlers: Donation to the food bank

Thursday: Craigswood - £2 or £5 per family, also payment plans in place.

Sunday: Dechmont - no charge.

### Competition Fees and Event Subsidies. (Senior/Junior)

East District League XC – free entry

National Relay Teams – free entry

**Meadows Mile Relay – free entry\***

Championship Cross Country £5/£3

East League XC £3/£2

Club Teams (e.g. XC and Road Relays) £5/£3, FVL Free.

(No show entrant where club has paid in advance are expected to pay the full fee.

Meadows Mile Relay race to be

Club membership can be paid using cash, cheque or on line at:

<https://www.g-buster.co.uk/lrc-membership>

\*This race will now be paid by club and included in the annual membership fee.

## 5 Committee Positions and Ordinary members 2018/2019.

| COMMITTEE POSITION    | NOMINEES          | PROPOSER/SECONDER           |
|-----------------------|-------------------|-----------------------------|
| Chairman              | Owen Williams     |                             |
| Vice Chairman         | <b>Vacancy</b>    |                             |
| Treasurer             | Dawn Watson       | Kirsty Gray/Stephen Malcolm |
| Secretary             | Kirsty Gray       |                             |
| Coaching Co-ordinator | Martin Leadbetter |                             |

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|                 |                     |
|-----------------|---------------------|
| Ordinary Member | Colin Partridge     |
| Ordinary Member | Iain Leggat         |
| Ordinary Member | Christine MacVarish |
| Ordinary Member | Ted Finch           |
| Ordinary Member | Andrew McKenna      |
|                 |                     |

| CLUB POSITION           | NOMINEES       | PROPOSER/SECONDER          |
|-------------------------|----------------|----------------------------|
| <b>Women's' Captain</b> | Andrea Cameron | Andy McKenna/Owen Williams |
| <b>Men's' Captain</b>   | Josh Dack      | Owen Williams/Euan McInnes |

| IMPORTANT ROLES UNDERTAKEN BY MEMBERS     |   |
|---|---|
| <b>Membership Secretary</b>               | Colin Partridge                           |
| <b>Welfare Officer</b>                    | Neal Drummond<br>Julie Steel              |
| <b>Results Co-ordinator</b>               | Shane Fenton                              |
| <b>Club Cross Country Championships</b>   | Calvin Crane                              |
| <b>Club Championship</b>                  | Stephen Malcolm                           |
| <b>Club Kit</b>                           | Alan Cunningham/Colin Partridge           |
| <b>Fiddlers' Handicap: Coordinator</b>    | Colin Partridge                           |
| <b>Fiddlers' Handicap: Master Fiddler</b> | Colin Partridge                           |
| <b>Trail Race Organiser</b>               | ALL                                       |
| <b>Festive Handicap Organiser</b>         | Peter West                                |
| <b>Junior Women's Captain</b>             | Hannah Steel                              |
| <b>Men's Junior Captain</b>               | Ryan Kirkland                             |
| <b>Administration help at Training</b>    |   |
| <b>Website Co-ordinators</b>              | Ted Finch<br>Colin Partridge/Sam McIntosh |
| <b>Facebook Pages Co-ordinators</b>       | Owen Williams /<br>Colin Partridge        |

We also discussed that it would be beneficial to recruit a junior member's parent to the committee who could assist with this aspect of the club.

Colin is looking to step down as membership secretary next year. If this is something you would like to do, please let us know.

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AGM 2018

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## 6 JUNIOR SPECIFIC TRACK SESSION

Owen has proposed the idea for a specific track session for Juniors moving forward. At the moment it is felt that there are restrictions on what we can offer on Thursday night for juniors and it is proposed to move this to a Friday night. This point will be c/f to the next committee meeting to progress further. As always we would be grateful for volunteers to help out with training and will cover the costs for those who would like to gain coaching qualifications to asset with the club sessions.

C/F TO NEXT MEETING

## 7 TEAM APP

Owen is in the process of setting up a 'Team App' with the technical assistance of Sam & Euan. It will combine a lot of information from our website and facebook page making it more user friendly and easier to access. The App will also allow payments to be made online for training/XC entries. The website and facebook page will still remain for those who do not want to use the App. More information to follow shortly.

## 8 CORE TEAM FOR TRAIL RACE

Colin is looking to put together a core team to help with the trail race in June. Andy and Kirsty have agreed to help. If this is something you would like to get involved in with please contact Colin.

### AOB

Festive Handicap –

Ted & Michelle arranged a recce of the proposed 10k festive race. Feedback was good and hopefully this will be a fun low cost event at the end of the year.

Club Awards night took place on 04/01/20 – There has been a lot of positive comments about the night and we look forward to the next one.

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AGM 2018

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