

1995

Xmas Handicap

There was a series of moans about the handicap, held the weekend before Xmas Eve. The usual one's cursed the hills, the handicapper, the night before's beer, anything that moved. The most surprising was that cursing the kindness of the weather. A combination of mild temperatures, light winds and no rain took the edge of what John Coon calls the "Terrible Tenner."

Numbers appear to be holding in the longer race (31 ran) but were disappointingly down in the 4.2 with only 5 taking part.

An enjoyable day was had by all and thanks once again are due to John and Suse for their post run hospitality. Thanks also to all who helped marshal, record, etc. This year's run should be on Sunday 29th December - plenty of notice!

Results

		Times	
		H'cap	Actual
1	James Williams	82:10	71:10
2	Alastair Mackenzie	82:24	78:54
3	Norrie Williamson	83:16	65:16
4	John Coon	83:38	77:38
5	Trevor Weavers	83:41	71:11
6	Andrew Geroe	83:46	80:16
7	Alan Brownie	83:57	67:57
8	Bobby Campbell	84:06	73:06
9	Andy Laird	84:11	64:41
10	Joyce Salvona	84:15	68:15
11	Donald Shaw	84:39	62:39
12	Martin Flynn	84:47	58:47
13	Peter Weeks	84:59	68:59
14	Alex McEwan	85:03	67:33
15	Robert Davidson	85:06	61:06
16	Mike Hood	85:18	85:18
17	Jim Watson	85:30	63:30
18	Martin Leadbetter	85:38	68:08
19	Andy Stirling	85:47	60:47
20	Jim Buick	86:16	67:16
21	William McPhail	86:23	62:53
22	Scott Meek	86:56	67:56
23	Mike Lieberman	87:01	71:01
24	Ian Lindsay	87:09	65:09
25	Les Whyte	88:14	71:14
26	Richard Gregson	88:44	73:44
27	Bill Duff	90:18	77:18
28	Sandy Gibb	90:18	77:18
29	Brian Howie	91:50	64:20
30	Kenny Gilmour	92:51	75:21
31	David MacGregor	92:52	75:52

(Photographs on the back page)

..and in the 4.2 run

1	Martin Henck	29:12
2	Susan Campbell	33:16
3	Carol Johnstone	45:10
4	Helen Gillanders	45:10
5	Suse Coon	45:10

E. District XC League - Livingston

Last year the snow at least had the decency to wait until the race was about to start. A couple of inches the previous day made this year's event "interesting" from the outset. A strong east wind and blizzard conditions throughout the day meant that the course had to be shortened - three foot drifts near the top of Dechmont Law caused serious problems for the women in their open race, one of them having to be rescued by marshals.

A solid run by Pete Dymoke anchored the team to second place. The ladies team also secured second place in what will hopefully become a regular feature at "men's" meetings. Michelle Coleman was first counter in fourth.

Results - Men

2. P. Dymoke 25:23; 7. G. Ackland 26:12; 15. S. Campbell; 20. C. Meek 26:46; 33. T. Brand 27:12; 36. D. Beagley 27:25; 37. D. Shaw 27:28; 57. M. Colligan 28:25; 62. S. Conway 28:32; 70. C. Northam 28:52; 71. W. McPhail 28:55; 74. G. McPherson 29:03; 86. D. Simmons 29:34; 98. I. Seggie 30:00; 115. G. Gilhooley 30:30; 135. M. Leadbetter 31:48; 136. A. Agnew 31:54; 141. D. McGregor 32:20; 144. L. Whyte 32:27; 166. X. Hurvin 34:36; 174. J. Coon 35:50; 185. M. Kassyk 40:36.

Women

4. Michelle Coleman 23:32; 5. Penny Rother 23:57; 12. Jane Hailey 26:01; 13. Val Dempsey 26:01.

National XC - Irvine

Heavy snow during the previous week meant a possibility that this year's race would be cancelled because runners could not get there. A sudden thaw from Friday allowed the race to take place in what were good underfoot and overhead conditions. Men's and women's teams both secured fifth place. (Provisional results opposite.)