

In this Month – August

Like last month, the archive is a bit 'thin' for August, though there are copies of results for the same races year on year. Might be an interesting exercise scouring these and tracking the progression of some, and decline of others!

2000

With the Club not quite 3 months old, it was reported that there was a 'healthy' bank balance, but loads of plans to make good use of it all. The Club's 'Up and Running' monthly newsletter thanked the Club's 'Patrons' for their donations and listed them all:

Martin & Margaret Hyman, Lesley McGiffen, Michael Hyman, Steve Dempsey, Margaret Turnbull, Jane Moncrieff, John Coon, Joyce Salvona, John Paxton, Euan McIntosh, The Ewing Family, Peter West, Steven Wales, Martin & Jennifer Henck, Isabel McMullan, Graeme Shepherd, James Ackland, Martin Leadbetter, Bobby Campbell, Susan Campbell, Anne Reynolds, Louise Boyle, Andy Kitchin, Gordon MacPherson, Jim Watson, A Gardiner, Mark Kassyk, James Cunnane.

Glasgow Half Marathon and Marathon 2000, LRC Results:

James Cunnane 1.17.57; Bert Logan 1.19.35; Paul Blanc 1.20.18; Euan McIntosh 1.25.12; John Paxton 1.25.52; Teresa McMenemy 1.36.18; Kenny Cruickshank 1.38.19; Susan Campbell 1.40.05, Jim Alexander 1.40.24; Jane Moncrieff 1.42.01; Claire Shanley 1.43.32; James Cassidy 1.59.06

And Margaret Turnbull did it all twice, in 3.59.17 too!

2001

On the first weekend of August, 3 Ewings, Fraser Kingscott and Tim Brand were to be found at Duddingston Village Hall for the start of the Edinburgh Duathlon. The format of this was (for adults) 5k run, 20k cycle – 3 times round Arthur's Seat – and then 4k run. For youngsters it was 1.5k run, 6k cycle then 1.5k run.

Tim Brand won in 1.04.22; Jack Ewing 18th/4th vet, 1.10.30; Marsie Ewing 1st F. vet 1:28:28; Alistair Ewing 2nd Junior Boy, 16:40; Fraser Kingscott 4th Senior Boy.

2004

Two teams of LRC runners descended on the Isle of Arran to take part in the Round Arran Six Stage Road Relay Race. Despite blustery and wet conditions, both teams performed well.

Lothian A: Jim Salvage, Christine Milne, Harry Mulholland, Delia Leddy, Teresa McMenemy and Murray Robertson finished the 56.5 mile circuit in 6.42.15 in 10th place.

Lothian B: Mags Turnbull, Jim Alexander, Brian Turner, Alan Grierson, Kenny McKenna, Brian Lennox, 6.46.12, 11th place.

2005

Bridge of Allan Highland Games:

11/12 yrs – Lana Turnbull won the 800m and was 3rd in the 200m.

13/14 yrs – Colin MacDonald won the 800m

Sarah Inglis 4th, 800m

Mhairi Inglis 6th, 800m; 5th, 90m; 3rd, 200m; 3rd, 400m

Robert Inglis 1st in 'Consolation Race' (and won his weight in the youth's wrestling!)

Seniors: Murray Robertson 4th in 3200m

Darren Thomson 5th in 200m

2011

ULTRA EFFORT

Fabulous achievement by John Malcolm on completing **The North Face Ultra -Trail du Mont-Blanc**. Thunderstorms and snow delayed the start time of the 169.9km mountain ultra marathon and also accounted for a high percentage of non-finishers. John finished the race in a time of 44hrs 33mins

Great Scottish Half Marathon 2011

Thousands of runners were out on the streets of a sunny Glasgow for the Bank of Scotland Great Scottish Run Half Marathon. Among them were a handful of Lothian Running Club members, and one of them Colin Partridge produced an excellent PB of 78 minutes 38 seconds which placed him among the high finishers in 27th place.

Making up the club's representation were, 532 Stephen Malcolm [93.55], 575 Gerry McCafferty [94.24], 952 Christine Milne [99.12 SB], 1030 Paul Young [99.52].

2015

Lothian Running Club's ultra runner Shona Young finished in a creditable 6th place in the women's category at Saturday's Devil o' the Highlands 42 miles Ultra Trail Marathon.



Despite carrying a slight knee injury from the 40 mile Clyde Stride race a fortnight before, Shona still managed to complete the course, which takes the runners along part of the West Highland Way, in 7 hours 57 minutes 50 seconds which placed her 2nd in her age category, and 48th overall of the 180 runners who completed the course.

2019

Lothian Running Club's Sarah Inglis claimed the Scottish title in the Women's 1500 metres race at the Scottish National Championships at Grangemouth on Sunday.

Sarah clocked a time of 4:13.42 to take the title but agonisingly just missed out on a share of the £2000 prize pot put up by Scottish Athletics to any athlete meeting the required standards in their events over the weekend.

The Lothian athlete just failed to hit the women's 1500 metres standard of 4:13.00 by a mere .42 of a second. In blustery conditions it was a superb performance, arguably the best of the weekend. It was very much a solo run against the clock as Inglis went clear of the field from the gun and didn't let up after a 63 second first lap.



'I'm gutted in many ways to miss out on some money but I have to be pleased to get so close to my PB (4.11),' said Sarah.

'There is a good 1500m run coming but at the moment this just works as setting me up for the 5000m at the British Champs in Birmingham.'

2023

August 2023 must have been a month of 'resetting' for the Club as the media archive consists of copies of various policies, alongside the Club's constitution. Always a good read on a drab summer's evening. For those who recognise the value of such stuff – it is important for any Club – here's a link to the 2017 version of the Club's constitution <https://www.lothianrunningclub.co.uk/wp-content/uploads/2025/01/LRC-Constitution2017.pdf> Succinct!