

In this Month – October

2000

15.10.00 - Pentland Skyline: 2. Tim Lenton 2:42:41, 5. Tim Brand 2:53:55, 6. Colin Eades 2:56:03 (1st Team)

21.10.00 – E District CC League, Livingston – Senior/Vet Men: 38. Murray Robertson 32:33, 42. Dave Simmons 32:49, 43. George Gilhooley (V) 32:50, 65. Euan McIntosh 33:52, 82. Chris Northam (V) 34:48, 85. Paul Blanc 34:44, 102. Jack Ewing (V) 35:55, 106. Alec Agnew (V) 36:02, 114. Ian Leggett (V) 36:27, 124. Peter West (V) 36:55, 127. Brian Turner 37:02, 132. Alastair Hinde 37:12, 137. Steve Wales 37:27, 183. Jim Alexander 40:52, 206. Calvin Crane (V) 44:53. **Team 7th; Vets team 4th**

22.10.00 – Great North Run, Newcastle: Mike Lieberman 1:26; Martin Leadbetter 1:28

2001

07.10.01 – Oban Half Marathon: 1. Tim Brand 1:15:05

07.10.01 – Dunbar 10 mile multi terrain: 3. George Gilhooley, 7. Johnny May, 8. Chris Northam, 1st team.

07.10.01 – Strathcarron Hospice 10k, Denny: 1. Colin Meek, 31:19 12th Female, Mags Turnbull, 45:05

20.10.01 – Gorebridge XC: “Following the sunny, dry, picnic atmosphere of the relays at Corstorphine, it was only fair that we experienced the alternative, wasn’t it? Rain, mud, more mud, oh, and more rain. What fun! How bad did I feel having coerced Marsie Ewing into running that day to complete a senior ladies team. Sorry again Marsie. It was to be Saran Jones’ debut performance at XC. What a baptism of fire/mud. Despite the very muddy picture I paint here, everyone who completed that day ~~endured~~ enjoyed the gruelling courses.” **Christine Rougvie**

2002

Iain Donnan retained the **British and Irish Senior Boys Hill Running** title at the Championships held in Wales on October 13th. Jemma and Ashley Toner were first and second in the **U14 girls**

Championship. “It was thoroughly enjoyed – we had a great time and made new friends,” **said Jemma.** “We had a nine hour bus journey to get there, and we stayed in a really nice youth hostel in Snowdonia. The road was so narrow that the bus got stuck when it was dropping us off. We had to walk up and down the hill every time we went out – maybe that was good training.”

“The race itself was great – very challenging – and the scenery was lovely. The Scottish team did very well and everyone was pleased with their results. At the top of the hill, you could see for miles. You could see parts of Snowdon. I think I’d like to run on Snowdon one day. I think it would be great fun.”

2004

31.10.04 - Jedburgh Half Marathon (E of Scotland Half Marathon Champs): 4. Euan McIntosh, 1:17:00, Mike Lieberman 1:31:09, Richard Docherty 1:32:00, Dave Bell 1:31:10, Jim Alexander 1:36,

Richard Moir 1:36:59, Teresa McMenemy 1:37:50 (2nd FV), Mags Turnbull 1:43:01, Alister Guy 1:47:40, Jim Salvage 1:47:40

2006

01.10.06 – River Ness (Inverness) 10k: 22. Richard Docherty, 36:28, 40. Christine Milne, 38:10 (2nd F) 73. Peter West, 40:24 (2nd V50), 2450 runners

01.10.06 – Loch Ness Marathon: 35. Steve Laurie, 2:57:26, 65. Harry Mulholland, 3:08:16, 77. Lachy Wallace, 3:11:59, 2073 runners

2011

Jedburgh 2011

The club had a hugely successful day at Sunday's Jedburgh Running Festival which attracted over 1000 runners.

Chloe Cox won the women's Half Marathon, with **Edel Mooney** winning the Women's 10k event and **Jocelyn Moar** runner up.

Ross Milne was runner up in the Men's Half Marathon.

In total the club had 10 runners in the two races.



Jedburgh 10k 31/10/11

10

Edel Mooney

1st lady

37.45

28	Jocelyn Moar	2 nd lady	40.30
75	Leanne Webster	7 th lady	46.29

412 entered.

Jedburgh Half Marathon 31/10/11

2	Ross Milne		72.47
18	Chloe Cox	1 st Lady	84.24
84	Mike Lieberman	3 rd vet 60	93.42
101	Suzie Hannah	9 th female	95.04
130	David Bathgate		98.33
171	Jim Alexander		101 53
265	Peter Craig		1:50.33

645 Entered

2013

Ladies Top 10 in National Cross Country Relays at Cumbernauld

Edel Mooney writes

After arriving at Cumbernauld without getting lost, I knew it was going to be a good day! As it turned out the conditions were pretty good despite the rain we were after having. It didn't take me long to spot the Lothian Flag blowing in the wind and right beside it the blue Lothian tent aptly placed beside the last excruciating hill before the race finish.

Jo, Lana and I were the ladies teams runners with Lynne running as reserve. As we had ran round together Jo told us that she was wearing Sarah Inglis's Lothian running top vest that Sarah had given it to her to remind us that even though she wasn't there physically, she was there spiritually! We were thinking that if we get into the top 20, that would be brill, top 15 would be a bonus but we knew that we had hard work especially after recceing the course which reminded us how tough a cross country course it is. All the Cumbernauld cross country newbies were warned not to go off too fast in this race because even though it is only a 4km, it would feel like 10km. The course did not disappoint!

Race starts, Jo surprised herself (not us though because we knew she would run really well) to bring us right up to a VERY healthy 16th position coming into the final straight. Lynne also ran a blinder but had no-one to pass onto as she was a reserve on our team. Next up Lana takes the reins and off she goes running strongly and positively. Lana always runs well on this course so I knew she wouldn't let us down. She ran a very solid race and kept that position, letting only one person pass her (just the GB Internationalist Laura Muir) but she got her own back by passing another athlete. The 3rd leg is considered the 'glory leg' which I laughed at when people told me that. I now knew the pressure was on, the girls were after running their hearts out and I had to do the very same. The Lothian gang at the hill seemed to be everywhere and it was so nice to get so many encouraging uplifts from them. We finished in a very respectable 9th position in the whole of Scotland. It made us think that we could realistically stay in the top three teams in the East District leagues with a bit more training and discipline.



For the Lothian Men, Max dominated the first leg for us and finished in the top 10 beating many of his previous well known rivals. Donald, Alan, Andy, Stewart and Malcolm had never run this race before and were warned not to go off too fast in the beginning. They must have followed instructions because they were passing athletes even up to the very end of the finishing straight. Ted ran well and was supposed to pass over to Kenny but a mass start was organised without ever announcing it so Kenny had gone to the start and everyone was gone. This didn't deter Kenny, he solidly ran through the race evening beating an athlete that was well over 2 minutes ahead of him at the start. Not only that, he duly finished the race just before the heavy downpour appeared. With the help of some of the Lothian gang, the tent was taken down and most people went home with a smile on their face, albeit heavy legs.

All in all, it was a tough race but each Lothian member had a dominant and encouraging spirit that never gave up. Thanks to everyone who turned up and special thanks to Kenny & Ted who had to get there early for our benefit, declare the teams, set up the tent and collect the race fees and still managed to belt it out with the rest of them. Also, thanks to Martin and Robbie who steadfastly stood at the isolated areas of the course shouting words of encouragement.

2014

Lothian Running Club's men's and women's teams both had top 10 finishes as the 2014-15 cross country season got underway with the **East District XC Relay Championships at Peebles.**



The club fielded two teams in the 4 x 4000 metres men's event with the A team finishing in 9th place of the 43 full teams who completed the course at Peebles High School. Max McNeil led off the blue vests, and as he has done all season produced another fine run to hand over to Malcolm Lang in 3rd place, Malcolm then handed on to 3rd leg runner Daniel McLaughlin in 7th place, the latter maintained the same position as he sent Colin Partridge off on the anchor leg and he brought the team home in a creditable 9th place in 57 minutes 27 seconds behind winners Central AC.

The B team of Owen Williams, Alan Moffat, Kenton Jones and A.N. Other finished in 30th place in 55 minutes 51 seconds.

The club was also represented by an incomplete veterans team of Martin Leadbetter, Stuart Kerr and Kenny Mearns who ran three of the legs.

The women's 3 x 4000 metres race saw the clubs trio of Yvonne Crilley, Jo Williams and Edel Mooney finish one place higher than their male counterparts in 8th place. Yvonne led off and handed over to Jo in 19th place, the second leg runner produced a fine run overhauling 8 teams to hand on to Edel Mooney in 11th place, an equally impressive run from Edel hauled the LRC team into the top 10 and an 8th place finish. 33 full teams contested the women's race with the team from Central AC taking the title. The fastest individual legs saw Max McNeil finish in an excellent 6th place in the men's with Edel Mooney placing 9th quickest female.

The club also fielded a team in the Junior Girls event where an under13, under15 and under-17 each run a 2,500 metres leg and it saw Erin Steel, Natalie Miller and Cara McCafferty finish in 20th place in 41 minutes 42 seconds.

CLUB RESULTS

MENS 4 X 4000 METRES

A Team 9th Max McNeil [13m 00s], Malcolm Lang [14.22], Daniel McLaughlin [15.02], Colin Partridge [15.03]. Total time: 57m 27s].

B Team 30th Owen Williams [15.50], Alan Moffat [16.40], Kenton Jones [16.27], A. N Other [17.54]. Total time: 66m51s].

C Team [Vets] Martin Leadbetter [19.43], Stuart Kerr [17.14], Kenny Mearns [21.05]. 43 full teams completed.

WOMENS 3 X 4000 METRES

8th Yvonne Crilley [17.14], Jo Williams [16.36], Edel Mooney [15.25] Total time:49m 42s]. 33 full teams completed.

JUNIOR GIRLS 3 X 2500 METRES

20th Erin Steel [13.50], Natalie Miller [14.30], Cara McCafferty [13.22] Total time:41m 42s] 21 full teams completed.

2014

Alan and Shona pick up SUMS awards

Lothian Running Club duo Alan Robertson and Shona Young have just completed a successful season in the Scottish Ultra Marathon Series[SUMS], and they were in Glasgow to pick up their prizes at the annual SUMS Awards Ceremony.



The Series comprises independently organised Scottish ultra marathons to form a season-long championship. A minimum of three races must be completed to be included in the Championship points table at the end of the season. At the end of the season the top runners in the Overall Championship as well as the Age Categories, for both Male & Female, are decided by the sum of their top three points for the season.

Alan who competed in a total of five events finished in 1st place in the Super Veteran 60+ category while Shona, who contested 4 races, was an excellent 5th overall in the female category and 2nd in F40 age group, Shona was also 3rd in the Short Series of races.

For Shona there was little time to celebrate as the following day she was back in action in the Antonine Wall Trail Half Marathon. The Lothian runner had to contend with heavy rain, wind and deep mud as she completed the course in 1 hour 53 minutes 47 seconds to place 3rd in the Women's category, despite the adverse conditions Shona was almost a minute quicker than her time from the previous year.

2019

SARAH RETAINS VICTORIA B.C. TITLE WITH NEW COURSE RECORD PB RUN

Lothian Running Club's Sarah Inglis retained her title in the Goodlife Fitness Victoria Marathon Festival 8k race on Sunday. Sarah crossed the finish line with a new course record time of 25 minutes 44 seconds, this was well inside her time of 12 months ago which was 27.27, and also a new PB, just

over a minute quicker than her previous best for the distance of 26.47 set back in April in the Race Roster Spring Run Off 8k in Toronto.



This was Sarah's third successive win at the Victoria Marathon Festival having won the half marathon in 2017.

2019

RELAY MEDALS FOR LRC LADY VETS

Record breaking numbers contested the opening cross country meeting of the season the East District Relay Championship held in Livingston and hosted by Lothian Running Club. With 53 teams in the Women's event and 72 teams finishing the Men's event it was a record for the East District relays.



Top performers for the host club were the senior ladies who picked up bronze medals in the Women's veteran category with the trio of Yvonne Crilley, Christine MacVarish and Andrea Cameron coming home in third place behind the teams from Hunters Bog Trotters and Fife AC. In total LRC fielded 8 teams, five in the Men's and 3 in the Women's and one in the Junior Boys.

The first of the Lothian quartet to finish in 27th place were the 'a' team of Sam McIntosh, Robbie Kennedy, Ryan Kirkland and Josh Dack. Jonathan Collings, Sorley McDonald and Murray Close finished 33rd in the Junior Boy's race.

The Senior Men's and Women's titles were won by Edinburgh Uni Hares & Hounds and Fife AC respectively.

LRC results.

JUNIOR BOYS

33rd Jonathan Collings[10.16], Sorley McDonald[13.35], Murray Close [9.20].

SENIOR WOMEN

24th & 3rd FV Yvonne Crilley [17.53], Christine MacVarish [17.53], Andrea Cameron [18.27]. Total time-54.13.

50th Teresa Lynch [21.54], Claire Cunningham [23.56], Andrea Seabrook [20.27]. Total time-66.17.

51st Kirsty Gray [22.48], Dawn Watson [22.48], Judith Thomson [21,57]. Total time-67.14.

SENIOR MEN

27th Sam McIntosh [15.29], Robbie Kennedy [14.17], Ryan Kirkland [14.54], Josh Dack [14.55].Total time - 59.35.

42nd & 7thMV Ross Williamson [16.10], Euan McInnes [15.20], Barry McComish [16.08], James Beattie [15.27].Total time-63.05.

59th & 14th MV Scott Nelson [18.23], Andrew Corrigan [17.50], Kenton Jones [17.28], George Gilhooley [17.36].Total time-1:11.17.

62nd Kyle Williamson [16.38], David Meek [24.17], Gavin Mackay [15.39], Owen Williams [16.12].Total time- 1:12.46.

70th Kenny Mearns [20.23], Martin Leadbetter [20.16], Stig Walsh [20.53], Ewart Scott [20.33].Total time-1:22.05.

2022

October 2022 saw a change in the **Winter Fiddler's Handicap** route. A monthly feature in Livingston since the early 1980's, the route has had a number of forced changes over the years, in particular during the construction of St Margaret's Academy, and also during path closures due to Foot and Mouth disease.

